

Participant Registration Form

Rethinking Mental Health Policy: People, Participation and Power

8th to 10th October 2004

Name:	Title:
Organisation:	
Position/job title:	
Address:	
Postcode:	
Telephone:	Fax:
Email:	
Access requirements:	

Participation fees (please tick the relevant box)

Early registration (before 1st June 2004) €150 or £100 GBP per ticket

Late registration (after 1st June 2004) €200 or £140 GBP per ticket

Please photocopy this form for each individual requesting a ticket

Payment (please tick the relevant box)

I enclose a UK cheque made payable to Hamlet Trust for £

I will pay by international bank transfer – Hamlet invoice and bank details requested

Name (if different from above)

Address (if different from above)

Postcode:

Places are strictly limited at the conference and early registration is advised. Participants are responsible for arranging their own travel and accommodation.

On registration, a participants pack will be sent out including further details of the venue. A final programme, joining details and other information will be sent out approximately four weeks before the conference.

There are a limited number of free places and travel bursaries available to users and grassroots activists from the Pathways to Policy programme countries on application to Hamlet Trust.

Please complete this form and return to:

Jonathan Bureau, Events Co-ordinator, Hamlet Trust, Norvin House, 45–55 Commercial Street, London E1 6BD, UK

Telephone: +44 (0)20 7247 8666 Fax: +44 (0)20 7247 1984

Send your queries to: events@hamlettrust.plus.com

Download this form at: www.hamlet-trust.org.uk

Hamlet Trust reserves the right to make any changes to the programme without prior notification.

We will not pass on your details to a third party.



... enabling people to build better lives



Cover image and details:

Igor Spreizer, *Five of them*, acrylic on yuta canvas, 155cm x 135cm, 2002

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Pathways to Policy

International Mental Health Conference
and Policy Review

Rethinking Mental Health Policy: People, Participation and Power

Lake Bled, Slovenia
8th to 10th October, 2004

Organised by Hamlet Trust (UK), Mir Sreče
(Slovenia) and a coalition of grassroots mental
health policy organisations from Central and
Eastern Europe and Central Asia



To celebrate World Mental Health Day 2004
the conference will include **online link-ups**
with grassroots events from around the world

Rethinking Mental Health Policy



Rethinking Mental Health Policy

Background

Mental health policies that respect and empower people with long-term mental health problems are essential to the promotion of civil societies. In developing countries and those in transition, this is particularly important because policy has been largely absent from mental health agendas.

Structures are only now being developed that enable local communities to address real-world issues and respond to the challenges of promoting mental health in a world of continuing stigma, discrimination and marginalisation. The World Health Organisation has identified that many countries have no formal mental health policy and that this should be a priority in the quest for better mental health systems.

However, traditional approaches to mental health policy have focused on top-down models, prioritising the role of governments and international agencies. Yet it is not just politicians, policy makers and officials who have a role to play. Policy can involve a wider range of groups and people from all levels of society including service users, family members, non-governmental organisations and others at the grassroots.

Overview of the Conference

Rethinking Mental Health Policy is a unique conference. Through a mix of presentations, lectures, group work and creative sessions, it will provide a platform for grassroots activists and service users to come together with national and international policy-makers to reflect on current initiatives, to rethink the agendas and processes of making mental health policy, and to plan for the future. It combines the best features of traditional conferences with the energy, enthusiasm and local expertise of the grassroots. *People, Participation and Power* reflects the values that drive this event:

People – policy is about all kinds of people who have a stake in mental health and their local communities. It is about users and their families, doctors and social workers, politicians and journalists, faith groups and lawyers, business people and many other groups.

Participation – policy is about the way individuals and groups work together to share values, knowledge and priorities in an environment of respect. Policy is a process built on relationships of openness and trust. It is also about users empowering themselves to take a full part in the policy process.

Power – policy is about using power in appropriate ways to bring about change through public action.

Outcomes from the Conference

- ▶ Sharing of knowledge and skills from practice and research
- ▶ Formulation of a vision of inclusive policy-making, emphasising new strategic relationships for change between the grassroots and wider policy makers
- ▶ Launch and dissemination of the *Pathways to Policy* toolkit
- ▶ New policy position papers on key mental health issues
- ▶ Public action coalitions
- ▶ A declaration on future methods of formulating inclusive mental health policy

PROGRAMME

Friday 8th October

Evening: Welcome to the Conference. Opening ceremony, user art and photography exhibition, cheese and wine buffet.

Saturday 9th October – Policy-as-Process in Mental Health

- ▶ Involvement of service users in the mental health policy process
- ▶ Evidence-based approaches to policy
- ▶ The role of the donor agencies
- ▶ Relating to government and transnational organisations
- ▶ Promoting diversity

Keynote Presentation: Professor Raymond Rowden, University of York. “The *Pathways to Policy* Model”

Other presenters include:

Piret Kokk – Estonian Ministry of Social Affairs
Halida Vejzagic – Local Policy Forum, Tuzla Canton, Bosnia and Herzegovina
Gabriela Tanasan – Local Policy Forum, Campulung-Moldovenesc, Romania
Geneva Initiative on Psychiatry – Hilversum, Netherlands

Evening: Mental Health Film Theatre – film followed by discussion

Sunday 10th October – Public Action for Mental Health

- ▶ Case studies in public action
- ▶ Traditional and folk approaches to mental health
- ▶ De-institutionalisation and political will
- ▶ Placing mental health on international development agendas
- ▶ Cross-cutting issues – gender, rural livelihoods and ethnicity

The Edith Morgan Memorial Lecture

Keynote Presentation: Professor Rachel Jenkins, WHO Collaborating Centre, London.

Other presenters include:

Burul Makenbaeva – Local Policy Forum, Bishkek, Kyrgyz Republic
Gabor Gombos – Chair of European Network of Users and Survivors of Psychiatry (ENUSP)
Elice Paemurd – Local Policy Forum, Tallinn, Estonia
Mihaela Tanasan – Local Policy Forum, Campulung-Moldovenesc, Romania

Evening: Conference Plenary and Shared Declaration on Mental Health Policy

Concurrent Activities

Throughout the conference participants will have the option to attend a variety of activities including:

- ▶ Speaker’s Corner
- ▶ A Quiet Room for reflection and relaxation
- ▶ The Crazy Ideas Exchange – a place for brainstorming, creativity and new ideas for mental health
- ▶ The Romanian Puppetry Theatre performing a specially commissioned play about mental health policy issues
- ▶ On-line live webcasts with mental health activists in countries throughout the world to share ideas generated at the conference and widen participation in the debates

Satellite Events

10th October Think Tank Convocation
11th to 13th October Hamlet Trust Workshop on Mental Health Advocacy, Hrastovec Social Care Home, Slovenia

events@hamlettrust.plus.com



Rethinking Mental Health Policy

About the organisers

The conference is organised by Hamlet Trust – a UK-based non-governmental organisation supporting the development of sustainable, community-based and user-led mental health initiatives to enable people to build better lives in developing countries and those in transition.



The conference is core funded by the UK Community Fund who have supported the three-year *Pathways to Policy* programme in Estonia, Bosnia-Herzegovina, Romania and the Kyrgyz Republic. This programme has developed local policy forums at the grass roots, bringing together service users, family members and other local stakeholders to influence and promote mental health policy. The Local Policy Co-ordinators from each of the above forums, together with the Hamlet Trust, constitute the organising committee for the conference.

Pathways to Policy partner organisations: The Estonian Patients Advocacy Association; Fenix, Savez (Bosnia); Orizonturi (Romania); and Mental Health and Society (Kyrgyz Republic). Co-organisers and local host in Slovenia are Mir Sreče.